

Individual guidance 2

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Basic principles of personal or individual guidance:-

The principles of guidance certainly form the basis of the need of guidance. Furthermore, principles of guidance are important principles without which guidance cannot take place. Below are the principles of guidance:

Principle of all-round development- Guidance must take into account the all-round development of the person. Furthermore, guidance must ensure this desirable adjustment in any specific area of the individual' personality.

Principle of human uniqueness- Certainly no two individuals are alike. Furthermore, individuals differ in mental, social, physical, and emotional development. Moreover, guidance must recognise these important differences and guide individuals according to their specific need.

Principle of holistic development- This principle states that guidance must take place in the context of total personality development. Moreover, a child grows as a whole. Also, if one aspect of personality is in focus, then the other areas of development must be kept in mind. Most noteworthy, these other areas of development indirectly influence the personality.

Principle of cooperation- This principle states that there cannot be any force on any individual regarding guidance. Moreover, the cooperation and consent of the individual is a pre-requisite for providing guidance.

Principle of continuity- The principle says that the guidance must take place as a continuous process to an individual. Also, this guidance must take place in different stages of the individual's life.

Principle of extension- In this principle, there should not be a limitation of guidance to a few individuals. Most noteworthy, the extension of guidance must be to all individuals of all ages.

Principle of adjustment- It is certainly true that guidance influences every aspect of an individual's life. However, guidance is chiefly concerned with a person's mental or physical health. Furthermore, this adjustment takes place at school, home, society, and vocatio.

Types of problems covered by Guidance

Educational problems:.

Academic achievement, orientation, discipline, curricular choices and education planning are the typical problems encountered in this classification

Social Adjustment

Adjusting to and getting along with other people is an ever-challenging task.

Personal concerns, personality and adjustment

Problems of personal nature are usual occurrences in various developmental stages.

Problems of home and family

Relationships in the home may include lack harmony and thus be a source of concern to students.

Emotional Problems

Human emotions play a significant part in the lives of all people. Emotions influences learning.

The selection of vocation

The concern of the students in respect to the selection of a vocation usually becomes more pronounced and intensified with the passing years and as the time for a decision draws near.

Problems of finances

The counselor can work with the students in associating financial situation and possible opportunities and resources in coping with financial areas.

Health

The need of medical attention then making referrals to appropriate personnel for attention and treatment.

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